Careers in Nutrition and Dietetics

University of Wisconsin-Stout

M.S. IN FOOD AND NUTRITIONAL SCIENCES
Inspiring Innovation
Learn more at www.uwstout.edu/programs/msfns
A registered dietitian:

“Is a food and nutrition expert who has met the minimum academic and professional requirements to qualify for the credential “RD”.”

- Academy of Nutrition and Dietetics, 2013

“Advises people on what to eat in order to lead a healthy lifestyle or achieve a specific health-related goal.”

Becoming an R.D.

**Requirements**
- At least a bachelor’s degree from an accredited program
- Completion of an accredited, supervised practice (internship)
- Passing of a national examination for registration

**Dietitians require a vast knowledge-base in:**
- Nutrition
- Food service
- Food science
- Chemistry
- Biology
- Business & economics
- English
- Psychology
Average hourly wage (2012): $27.00

Average annual salary (2012): $56,170

Mean salary by state:
- Wisconsin: $53,340
- Minnesota: $55,970
- Iowa: $50,960
- Illinois: $50,370
Employment and Job Outlook

Job Growth, 2010-2020: 20% or faster than average growth

Metropolitan areas with the highest number of dietitians:
1. New York, NY
2. Los Angeles, CA
3. Chicago, IL
4. Minneapolis-St. Paul, MN
5. Philadelphia, PA
Job Profiles – Registered Dietitian

Clinical dietitian
Clinical dietitian, specialist—renal
Pediatric/neonatal dietitian
Nutrition support dietitian
Outpatient dietitian, general
Outpatient dietitian, specialist—diabetes
Outpatient dietitian, specialist—renal
Clinical dietitian, long-term care
WIC nutritionist
Public health nutritionist
Director of food and nutrition services
Clinical nutrition manager

Sports Dietitian
Executive-level professional
Public relations and/or marketing professional
Director of nutrition
Sales representative
Wellness manager
Director of clinical nutrition
Research & development nutritionist
Consultant, communications
Education and research
What registered dietitians do Click here for video
How can a Master’s degree help me?

Makes you more competitive in the job market!

- All possess BS degree. 45% possess at least a master’s degree
- Percentage of dietitian by degree
  - 45% M.S.
  - 3% Ph.D.

Higher pay rate!

- Registered dietitian (RD) hourly wage by education level (highest degree earned). Bars are delimited by the 25th and 75th percentiles; horizontal line marks the median (50th percentile).


Compensation and Benefits Survey 2011
http://www.andjrnl.org/article/S2212-2672(11)01840-5/fulltext

Work settings, salaries, opportunities
http://www.todaysdietitian.com/newarchives/120108p32.shtml