

# SHARON A. HANSEN

ASSISTANT PROFESSOR/PROGRAM DIRECTOR UW-STOUT

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## career objective

Proactive professional with over 25 years of experience and a proven knowledge of school counseling, school counselor supervision, and counselor education.

## experience

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| Jun 2021 - Present  | <b>ASSISTANT PROFESSOR/PROGRAM DIRECTOR</b><br>University of Wisconsin-Stout, Menomonie, WI   |
| Aug 1997 - Jun 2021 | <b>6-8 SCHOOL COUNSELOR</b><br>Berlin Area School District, Berlin, WI <ul style="list-style-type: none"><li>Collaborated with teachers and administrators in development, evaluation and revision of school programs and in preparation of master schedules for curriculum offerings.</li></ul>                |
| Aug 1996 - Jun 1997 | <b>9-12 SCHOOL COUNSELOR</b><br>Oneida Nation School System, Oneida, WI <ul style="list-style-type: none"><li>Counseled students regarding educational issues, such as course and program selection, class scheduling and registration, school adjustment, truancy, study habits and career planning.</li></ul> |
| Aug 1995 - Jun 1996 | <b>9-12 SCHOOL COUNSELOR SUBSTITUTE</b><br>Hortonville Area School District, Hortonville, WI <ul style="list-style-type: none"><li>Counseled students regarding educational issues, such as course and program</li></ul>  |

## education

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| <b>Nov 2020</b><br><b>PH.D IN COUNSELOR EDUCATION AND SUPERVISION</b><br>GPA <b>4.0</b><br>Walden University,<br>Minneapolis, MN           |
| <b>Jan 1991</b><br><b>MASTER OF SCIENCE IN EDUCATION IN SCHOOL COUNSELING</b><br>GPA <b>3.5</b><br>University of Wisconsin,<br>Oshkosh, WI |
| <b>Aug 1986</b><br><b>BACHELOR'S DEGREE IN DEVELOPMENTAL PSYCHOLOGY</b><br>GPA <b>2.7</b><br>University of Wisconsin,<br>Oshkosh, WI       |

selection, class scheduling and registration, school adjustment, truancy, study habits and career planning.

Aug 1993 - Jun 1994

**K-8 SCHOOL COUNSELOR**

Salem Jt. School District, Salem, WI

- Taught classes and present self-help and information sessions on subjects related to education and career planning.

Nov 1992 - Apr 1993

**K-12 SCHOOL COUNSELOR  
SUBSTITUTE**

Westfield School District, Westfield, WI

- Counseled students regarding educational issues, such as course and program selection, class scheduling and registration, school adjustment, truancy, study habits and career planning.

Aug 1991 - Jun 1992

**K-5 SCHOOL COUNSELOR INTERN**

Valders Area School District, Valders, WI

- Prepared students for later educational experiences by encouraging them to explore learning opportunities and to persevere with challenging tasks.

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**additional skills**

- Trauma-informed Care
- Skills
- Qualitative Research
- Individualized Counseling
- Interpersonal Communication
- Teamwork Skills
- Program Scheduling

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**certifications**

- Licensed School Counselor State of Wisconsin
- National Certified Counselor (NCC)

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**references**

References available upon request

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**professional organizations**

American School Counselor Association  
Wisconsin School Counselor Association  
American Counseling Association  
Association of Counselor Education and Supervision

## conference presentations

Hansen, S. A. (2020, November), Using brainspotting in schools: An innovative focused-mindfulness approach to student self-regulation. A presentation at the Wisconsin School Counselor Association, Online Learning.

Hansen, S. A. (2020, October), Attachment, trauma, and resilience: What pitfalls and secrets does our brain hold? A presentation at the University of Montana Trauma Speaker Series, Missoula, MT.

Hansen, S. A. (2020, February), Using brainspotting in schools: An innovative focused-mindfulness approach to student self-regulation. A presentation at the Wisconsin School Counselor Association Annual Conference, Madison, WI.

Hansen, S. A. (2019, February), Using brainspotting in schools: An innovative focused-mindfulness approach to student self-regulation. A presentation at the Wisconsin School Counselor Association Annual Conference, Madison, WI.

Hansen, S. A. & Lindberg, C. (2018, December), Using brainspotting in schools: An innovative focused-mindfulness approach to student self-regulation. A presentation at the Building the Heart of Successful Schools Annual Conference, Wisconsin Dells, WI.

Hansen, S. A. (2017, February), Trauma-sensitive roundtable. A presentation at the Wisconsin School Counselor Association Annual Conference, Madison, WI.

Hansen, S. A. (2012, February), "Improv"e your life. A presentation at the Wisconsin School Counselor Association Annual Conference, Madison, WI.

## publications

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Hansen, S. A. (2020). The lived experiences of professional school counselors who have implemented trauma-informed practices [dissertation]. Walden University.

Hansen, S. A. (2013). The executive functioning workbook for teens: Help for unprepared, late, and scattered teens. Oakland, CA: New Harbinger Publications.