Clinical Mental Health Counseling, M.S. State Licensure Requirements as of October 4, 2022

The Master of Science in Clinical Mental Health Counseling program at UW-Stout is designed to meet the requirements for related licensure in Wisconsin, Minnesota, and most other states. This document lists the educational requirements for licensure in all 50 states as of October 4, 2022, and it indicates areas where additional or different coursework or educational experiences are required.

Note: State licensure requirements are subject to change. If you plan to seek licensure outside of Wisconsin, please contact the Program Director of the Clinical Mental Health Counseling-M.S. program to discuss whether this program meets educational requirements for professional licensure in that state and if modifications to your program plan are needed. In addition, UW-Stout encourages each student to verify all requirements for licensure in their state of choice.

The following is a list of the education requirements for licensure for all 50 states. In most cases, the program at UW-Stout meets education requirements (as indicated by the green circle). A yellow circle and red text indicate areas where there are some inconsistencies with UW-Stout's program. Please consult with your Program Director to discuss the issues. In most cases, modifying your program plan can accommodate the differences.

All 50 states require post-graduate counseling and supervision after graduation. This training is IN ADDITION to the clinical experiences completed in the program (Clinical Practicum and Internship). Most states require an examination to earn licensure. Please meet with your Program Director to discuss post-graduation requirements (supervised counseling experience and examination options) for all states where you are considering residency.

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Wisconsin •



Requires at least 60 semester hours with a minimum of three semester hours in counseling theory, Practicum, and in the following content areas:

- 1. Human growth and development
- 2. Social and cultural foundations
- 3. The helping relationship
- 4. Group dynamics process and counseling
- 5. Lifestyle and career development
- 6. Appraisal of individual
- 7. Research and evaluation
- 8. Professional counseling orientation
- 9. Assessment and testing
- 10. Foundations of clinical mental health counseling
- 11. Clinical mental health counseling
- 12. Diagnosis and treatment planning
- 13. Crisis and trauma counseling
- 14. Abnormal behavior and psychology
- 15. Addictions counseling
- 16. Family, partnership, and couples counseling
- 17. Practicum/Internship: Requires the completion of a three-semester hour supervised Practicum in providing counseling to clients (this is different than post-graduate supervision)

LPC licensure also requires the completion of a counseling internship or Practicum with supervised, direct client contact. Wisconsin's LPC complete must complete 3,000 hours of supervision, with at least 1,000 of those hours must be in direct client contact.

Minnesota

Requires the completion of a master's degree in counseling or a related field, or a doctorate from a program accredited CACREP or CHEA. Appropriate degree programs will be at least 48 semester hours and include instruction in the following core content areas:

- 1. The Helping Relationship
- 2. Human Growth and Development
- 3. Lifestyle and Career Development
- 4. Group Dynamics, Processes, Counseling, and Consulting
- 5. Assessment and Appraisal
- 6. Social and Cultural Foundations
- 7. Principles of Etiology, Treatment Planning, and Prevention
- 8. Family Counseling and Therapy
- 9. Research and Evaluation
- 10. Professional Counseling Orientation and Ethics

LPC or LPCC licensure in Minnesota requires the completion of a 700-hour internship as part of the degree program. LPC licensure in Minnesota requires a passing score on the National Counselor Examination for Licensure and Certification. For LPCC licenses, a passing score on the National Clinical Mental Health Counselor Exam is required.

Alabama 🔍

While under supervision, must be licensed as associate licensed counselors (ALC). Requires at least 48 graduate semester hours at a regionally accredited college or university. The degree program should be CACREP accredited and should contain the following coursework:

- 1. Counseling Theory
- 2. Human Growth and Development
- 3. Social and Multicultural Foundations
- 4. The Helping Relationship
- 5. Group Dynamics, Processing, and Counseling
- 6. Lifestyle and Career Development
- 7. Appraisal of individuals
- 8. Research and Evaluation
- 9. Professional orientation
- 10. Practicum
 - a. 100 clock hours of individual and group counseling experience under the supervision
 - b. A minimum of 40 hours should be working directly with clients
 - c. 1 hour a week of individual supervision and one and a half devoted to group supervision

11. Internship

- a. At least 600 hours with a minimum of 240 in direct service work with clients.
- b. At least two and half hours per week of group supervision.

 [Please meet with your Program Director regarding this requirement. Your internship site will need to cover some of this supervision.]
- c. 1 hour per week of individual supervision.

Alaska 🛡



Counselors in Alaska are known as Professional Counselors.

Requires completion of a minimum 60-semester credit master's degree in counseling. Degree must be from a regionally or nationally accredited institution that has been approved by the state Board of Professional Counselors. Should contain at least 8 of the following 10 subjects:

- 1. Helping Relationships, including Counseling Theory & Practice
- 2. Human Growth and Development
- 3. Lifestyle and Career Development
- 4. Group Dynamics, Processes, Counseling and Consulting
- 5. Assessment, Appraisal and Testing of Individuals
- 6. Social and Cultural Foundation, including Multicultural Issues
- 7. Principles of Etiology, Diagnosis, Treatment Planning, and Prevention of Mental and Emotion Disorders and Dysfunctional Behavior
- 8. Marriage and Family Counseling and Therapy
- 9. Research and Evaluation
- 10. Professional Counseling Orientation and Ethics

The Alaska Board of Professional Counselors does not require professional counseling applicants to complete an internship as part of their degree, however, supervised experience is required (this can be done post-graduation).

Arizona

Requires completion of a minimum of 60 semester credit hours. Degree must be CACREP accredited, Council on Rehabilitation Education (CORE), or provided in a board-approved curriculum. Coursework from each of the following content areas:

- 1. Professional Orientation and Ethical Practice
- 2. Social and Cultural Diversity
- 3. Human Growth and Development
- 4. Career Development
- 5. Helping Relationships
- 6. Group Work
- 7. Assessment
- 8. Research and Program Evaluation
- 9. Supervised Counseling Practicum
 - a. 700 clock hours in a professional counseling setting.
 - b. 240 of these hours direct client contact.
 - c. Must be under the supervision of a supervisor

Arkansas



Requires completion of a minimum of 60 semester credit hours, With a "B" or better grade in the following coursework content:

- 1. Professional Identity
- 2. Social and Cultural Diversity
- 3. Human Growth and Development
- 4. Career Development
- 5. Helping Relations
- 6. Group Work
- 7. Assessment
- 8. Research and Program Evaluation
- 9. Psychopathology
- 10. Family and Relationships
- 11. Psychopharmacology
- 12. Practicum/Internships
 - a. Practicum must total at least 100 clock hours including 40 hours direct client
 - b. Internship must total at least 600 clock hours, this must include:
 - i. Experience in individual counseling and group work
 - ii. An average of one hour per week with individual and/or triadic supervision by a program faculty member or supervisor
 - iii. One and a half hours of group supervision per week
 - iv. A performance evaluation

California 🔵



Counselors are known as Professional Clinical Counselors (LPCC). Requires completion of a minimum of 60 semester credit hours. The degree must cover counseling or psychotherapy, including 6-semester units of supervised Practicum and at least 3-semester units of coursework in all of the following content areas:

- 1. Counseling and Psychotherapeutic Theories and Techniques
- 2. Human Growth and Development
- 3. Career Development Theories and Techniques
- 4. Group Counseling Theories and Techniques
- 5. Assessment, Appraisal and Testing
- 6. Multicultural Counseling Theories and Techniques
- 7. Principles of Diagnosis, Treatment Planning and Prevention of Mental Emotional Disorders and Dysfunctional Behavior.
- 8. Research and Evaluation
- 9. Professional Orientation and Ethics and Law in Counseling
- 10. Psychopharmacology
- 11. Addictions Counseling
- 12. Crisis/Trauma Counseling
- 13. Advanced Counseling and Psychotherapeutic Theories and Techniques

The degree must also include instruction in methods of service delivery in recovery-oriented practice environments and integrate an understanding of the various cultures found in California as well as the social and psychological implications of socioeconomic status.

[Please meet with your Program Director regarding these requirements.]

Colorado

Degree must be CACREP accredited. Must have two or more graduate semester hours in each of the following content areas:

- 1. Human Growth and Development
- 2. Social and Cultural Foundations
- 3. Helping Relationships
- 4. Groups
- 5. Lifestyles and Career Development
- 6. Appraisal
- 7. Research and Evaluation
- 8. Professional Orientation
- 9. Internship
 - a. Requires 700 hours of supervised professional practice.

Connecticut

Must be a regionally accredited institution of higher education. Must include at least 60 graduate semester hours in counseling, with coursework in each of the following content areas:

- 1. Human Growth and Development
- 2. Social and Cultural Foundations
- 3. Counseling Theories and Techniques
- 4. Group Dynamics, Processing, and Counseling
- 5. Career and Lifestyles Development
- 6. Appraisals/Tests and Measurements for Individuals and Groups
- 7. Research and Evaluation
- 8. Professional orientation

The Connecticut Department of Public Health does not explicitly state a requirement of an internship experience.

Delaware



Counselors are known as Licensed Professional Counselors of Mental Health (LPCMH). It is required that prior certification by the National Board for Certified Counselors (NBCC) or another national certifying mental health organization is necessary. The master's program must include at least 60 semester hours of graduate-level academic credit in counseling. Coursework must cover the following content areas:

- 1. Human Growth and Development Theories
- 2. Social and Cultural Foundations
- 3. Helping Relationships in Counseling
- 4. Group Counseling
- 5. Career Counseling and Lifestyle Development
- 6. Assessment
- 7. Research and Program Evaluation
- 8. Professional Orientation
- 9. Field experience (Internship)

Florida •

Counselors in Florida are known as Licensed Mental Health Counselors (LMHC), or Registered Mental health Counselor Interns (RMHCI). Must be CACREP accredited. Education should consist of at least 60 semester hours of clinical and didactic instruction (a minimum of 3 semester hours). Coursework in the following content areas should be completed:

- 1. Counseling Theories and Practice
- 2. Human Growth and Development
- 3. Diagnosis and Treatment of Psychopathology
- 4. Human Sexuality
- 5. Group Theories and Practice
- 6. Individual Evaluation and Assessment
- 7. Career and Lifestyle Assessment
- 8. Research and Program Evaluation
- 9. Social and Cultural Foundations
- 10. Counseling in Community Settings
- 11. Substance Abuse
- 12. Legal, Ethical, and Professional Standards
- 13. Internship
 - a. Should complete at least 1,000 hours of university-sponsored supervised clinical Practicum, internship, or field experience. This does not include the post-masters experience required. Please consult with your Program Director. This can be done while in the program but will require additional clinical hours.

In addition to the master's program coursework, Florida LMHC licensure requires the completion of an eight-hour course on laws and rules, a three-hour course on HIV and AIDs, a two-hour course in domestic violence and a two-hour course on domestic violence within six months of licensure—all of which may be obtained from board-approved providers.

[Please meet with your Program Director regarding this requirement.]

Georgia

Must be CACREP accredited. Must include coursework in the following content areas:

- 1. Human Growth and Development
- 2. Multicultural Counseling or Diversity Training
- 3. Counseling Techniques or Skills
- 4. Group Dynamics and Group Counseling/Psychotherapy
- 5. Lifestyle and Career Development
- 6. Appraisal/Assessment of Individuals
- 7. Research Methods and Evaluation
- 8. Professional Orientation and Ethics
- 9. Psychopathology
- 10. Internship
 - a. 600 hours of practicum or internship experience.

Hawaii 🔵

Counselors are known as Licensed Mental Health Counselors (LMHC). The degree program must be at least 48 semester hours of graduate-level coursework in the following content areas:

- 1. Human Growth and Development
- 2. Social and Cultural Foundations
- 3. Counseling Theories and Applications
- 4. Group Theory and Practice
- 5. Career and Lifestyle Development
- 6. Appraisal of Human Behavior
- 7. Tests and Measurements
- 8. Research and Program Evaluation
- 9. Professional Orientation and Ethics
- 10. Internship
 - a. Must complete at least 2 academic terms of supervised mental health practicum/internship experience for graduate credit of at least 3 semester hours per academic term in a mental health counseling setting.
 - b. Must include at least 300 hours of supervised client contact and be completed under the clinical supervision of an LMHC, psychologist, clinical social worker, advanced practice registered nurse with a specialty in mental health, marriage and family therapist, or physician with a specialty in psychiatry. UW-Stout currently requires 240 hours, so additional 60 hours of direct contact will be needed during your clinical training.

[Please meet with your Program Director regarding this requirement.]

Idaho

Requires completion of a 60-semester hour graduate degree program in counseling that is CACREP accredited. Coursework in the following content areas required:

- 1. Human Growth and Development
- 2. Social and Cultural Foundations
- 3. The Helping Relationship
- 4. Group Theory and Practice
- 5. Lifestyle and Career Development
- 6. Appraisal of the Individual
- 7. Research and Evaluation
- 8. Professional Orientation
- 9. Internship
 - a. Must complete at least 6 semester hours of advanced counseling practicum/internship.
 - b. The internship must be supervised at a ratio of at least 1 hour of one-to-one supervision for every 10 hours of experience.

Illinois O

Must be regionally accredited. Program must be at least 2 academic years in length and a minimum of 48 semester hours. Coursework in the following content areas is required:

- 1. Human Growth and Development
- 2. Counseling Theory
- 3. Counseling Techniques
- 4. Group Dynamics, Processing, and Counseling
- 5. Appraisal of Individuals
- 6. Research and Evaluation
- 7. Professional, Legal, and Ethical Responsibilities Relating to Professional Counseling, Including Illinois Law.

[Please meet with your Program Director regarding this requirement.]

- 8. Social and Cultural Foundations
- 9. Lifestyle and Career Development
- 10. Practicum/Internship
 - a. In addition to the practicum/internship listed above, LPC applicants in Illinois must complete a one-year residency as part of their degree program. This residency requires interaction with faculty and other matriculated students, and is defined as 24 semester hours on a full- or part-time basis throughout the course of study.

[Please consult with the Program Director regarding this standard.]

- 11. Psychopathology and Maladaptive Behavior
- 12. Substance Abuse (Advise to take concentration)
- 13. Family Dynamics

Indiana 🔵

Known as Licensed Mental Health Counselors (LMHC). Must be CACREP accredited. Must have no less than 48 semester hours. Coursework in the following content areas is required:

- 1. Human Growth and Development
- 2. Social and Cultural Foundations of Counseling
- 3. Helping Relationships Counseling Theory and Practice
- 4. Group Dynamics, Processes, Counseling, and Consultation
- 5. Lifestyle and Career Development
- 6. Assessment and Appraisal of Individuals
- 7. Research and Program Evaluation
- 8. Professional Orientation and Ethics
- 9. Foundations of Mental health Counseling
- 10. Contextual Dimensions of Mental Health Counseling
- 11. Knowledge and Skill for the Practice of Mental health Counseling and Psychotherapy
- 12. Clinical Instruction
- 13. Internship
 - a. Must complete 1,000 of supervised clinical experience in a counseling setting. This includes at least 100 hours of Practicum, 600 hours of internship, and 300 hours of advanced internship. (If no advanced internship is available the remaining hours may be satisfied by Practicum or standard internship). This can be completed in the program, but additional hours will need to be added.

 [Please meet with your Program Director regarding this requirement.]
 - b. At least 100 hours of face-to-face supervision must be provided.

Iowa

Known as Licensed Mental Health Counselors (LMHC). Requires completion of 60 semester hours. CACREP accredited. Coursework in the following content areas is required:

- 1. Counseling Theories
- 2. Human Growth and Development
- 3. Social and Cultural Foundations
- 4. Helping Relationships
- 5. Group Development, Dynamics, Counseling, Theories, Methods and Skills
- 6. Career and Lifestyle Development
- 7. Diagnosis and Assessment Treatment Procedures
- 8. Research and Program Evaluation
- 9. Professional Orientation
- 10. Psychopathology
- 11. Practicum
 - a. At least 100 clock hours over at least a 10-week academic term. 40 hours of direct service with clients, an average of one hour a week of individual to triadic supervision, and an hour and a half of group supervision

12. Internship

a. 600 clock hours with 240 of these hours direct devise with clients. 1 hour a week of individual or triadic supervision and one and a half hours of group supervision.

Kansas



Requires at least 60 graduate semester hours from a regionally accredited institution. Coursework in the following content areas is required:

- 1. Counseling Theory and Practice
- 2. The Helping Relationship
- 3. Group Dynamics, Processes, and Counseling Approaches and Techniques
- 4. Human Growth and Development
- 5. Career Development and Lifestyle Foundations
- 6. Appraisal of Individuals
- 7. Social and Cultural Foundations
- 8. Research and Evaluation
- 9. Professional Orientation
- 10. Supervised Practical Experience/Internship

Aside from the content areas listed above, 15 hours of the 60 required must be in the diagnosis and treatment of mental disorders. More specifically, two of those 15 hours should be in ethics and another two should be in psychopathology and diagnostic assessment.

Kentucky

Counselors in Kentucky who have completed their licensure are known as Licensed Professional Clinical Counselors (LPCCs). Those who are still under the supervision portion of their licensure process are known as Licensed Professional Counselor Associates (LPCA). Requires at least 60 graduate semester hours in a counseling or related field. Degree program should be CACREP accredited and should contain the following coursework:

- 1. The Helping Relationship
- 2. Human Growth and Development
- 3. Lifestyle and Career Development
- 4. Group Dynamics, Process, Counseling, and Consulting
- 5. Assessment, Appraisal, and Testing of Individuals
- 6. Social and Cultural Foundations
- 7. Principles of Etiology, Diagnosis, Treatment Planning, and Prevention
- 8. Research and Evaluation
- 9. Professional Orientation and Counseling Ethics
- 10. Practicum or Internship
 - a. LPCC licensure in Kentucky requires a practicum or internship consisting of at least 600 hours. From these supervised hours to reach degree requirements, 240 must be in direct client contact. Hours accrued during Practicum or internship are distinct from post-degree supervision hour

Louisiana



Those still in the supervision portion of the process are known as Provisional Licensed Professional Counselors (PLPC). Completion of a CACREP accredited graduate degree program in professional mental health counseling is required along with 3000 hours of supervised experienced post-graduate to become licensed. 60 credits hours and must include at least one semester course in each of the following areas:

- 1. Counseling/Theories of Personality
- 2. Human Growth & Development
- 3. Abnormal Behavior
- 4. Techniques of Counseling
- 5. Group Dynamics, Processes, & Counseling
- 6. Lifestyle and Career Development
- 7. Appraisal of Individuals
- 8. Ethics

Recommended inclusion coursework:

- 1. Marriage and Family Studies
- 2. Substance Abuse

In addition to the coursework listed above, LPC licensure in Louisiana requires the completion of a supervised practicum and internship experience in mental health counseling. Practicum is comprised of 600 clock hours of which 240 of direct counseling. A minimum of one hour per week is required for individual and one and a half hours per week of group supervision. Internship requirements include 300 clock hours of counseling with 120 hours of direct services. A minimum of one hour per week of individual supervision with one and half hours of group supervision with other students by a program faculty member supervisor.

Maine

Completion of a CACREP accredited graduate degree program in professional mental health counseling. 60 credits hours and must include at least one semester course in each of the following areas:

- 1. Human Growth and Development
- 2. Helping Relationships
- 3. Groups
- 4. Measurement
- 5. Research and Evaluation
- 6. Diagnosis and Treatment
- 7. Professional Orientation
- 8. Social and Cultural Foundations
- 9. Practicum
 - a. At least 100 hours
- 10. Internship
 - a. At least 600 hours

In lieu of the Practicum and internship described above, an applicant may provide documentation of 700 hours of lawfully obtained supervised counseling experience. At least 280 hours must consist of direct client contact hours. Documentation must include supervisor affidavits and a copy of the applicant's final evaluation.

Additional coursework requires at least nine semester hours in the following: Lifestyle and Career Development, Marriage and Family Counseling, Human Sexuality for Counselors, Supervision, Consultation, Crisis Intervention, Addictive Disorders, and Treatment Modalities.

Maryland •

To become a Licensed Clinical Professional Counselors (LCPCs), one must have a master's degree in counseling, a related field, or a doctorate from an accredited institution. The master's degree program must be at least 60 graduate semester credit hours, and the doctoral degree must be at least 90. Both should include a minimum of three graduate semester credit hours in each of the following content areas:

- 1. Human growth and personality development
- 2. Social and cultural foundations of counseling
- 3. Counseling theory
- 4. Counseling techniques
- 5. Group dynamics, processing, and counseling
- 6. Lifestyle and career development
- 7. Appraisal
- 8. Research and evaluation
- 9. Professional, legal, and ethical responsibilities
- 10. Marriage and family therapy
- 11. Alcohol and drug counseling
- 12. Supervised field experience
- 13. Diagnosis and psychopathology
- 14. Psychotherapy and treatment of mental and emotional disorders

In addition to the coursework listed above, Maryland requires the completion of a supervised practicum or internship experience which must include at least 125 hours of face-to-face client counseling.

Massachusetts



To become a Licensed Mental Health Counselor (LMHCs), one must have a master's degree in counseling or a related field from an accredited institution. The master's degree program must be at least 60 graduate semester credit hours. A minimum of three semester-hour graduate-level courses must be taken in each of the following content areas:

- 1. Counseling theory
- 2. Human growth and development
- 3. Psychopathology
- 4. Social cultural foundations
- 5. Clinical skills
- 6. Group work
- 7. Special treatment issues
- 8. Appraisal
- 9. Research and evaluation
- 10. Professional orientation

In addition to the coursework listed above, LMHC licensure requires the completion of both Practicum and internship. The Practicum must be at least 100 hours of supervised clinical experience with a minimum of 40 hours of face-to-face client contact and 25 hours of supervision. The internship must be at least 600 hours of supervised experience, with 240 of those hours being direct client contact, with at least 45 hours of supervision.

Michigan •

To become a Licensed Professional Counselor (LPCs), one must have a master's degree in counseling or a related field from an accredited institution with 48 semester hours. Appropriate degrees must include instruction in the following content areas:

- 1. Career development
- 2. Consulting
- 3. Counseling techniques
- 4. Counseling theories
- 5. Counseling Philosophy
- 6. Group techniques
- 7. Professional ethics
- 8. Research Methodology
- 9. Multicultural counseling
- 10. Testing procedures and assessment
- 11. Practicum
 - a. Supervised curricular experience that gives the student an opportunity to perform some of the activities that an LPC would be expected to perform.
- 12. Internship
 - a. Internship is similar to Practicum, but it allows students to perform all of the activities an LPC would. It must be at least 600 hours.

Supervision for aspiring LPCs must include at least two years of full-time or equivalent part-time supervision totaling a minimum of 3,000 hours. At least 1,000 must be in the immediate physical presence of the supervisor. This is for after graduation. The program meets all educational requirements for the state of Michigan.

[Please meet with your Program Director regarding this requirement.]

Minnesota

See <u>page 5</u>.

Mississippi

To become a Licensed Professional Counselor (LPCs), one must have a master's degree in counselor or a related field from an accredited institution with 60 semester hours. Appropriate degrees must include a three-hour semester course in the following content areas:

- 1. Human Growth and Development
- 2. Social and Cultural Foundation
- 3. Counseling and Psychotherapy Skills
- 4. Group Counseling
- 5. Lifestyle and Career Development
- 6. Testing and Appraisal
- 7. Research and Evaluation
- 8. Professional Orientation to Counseling or Ethics
- 9. Theories of Counseling Psychotherapy and Personality
- 10. Marriage and/or Family Counseling/Therapy
- 11. Abnormal Psychology and Psychopathology
- 12. Internship
 - a. Applicants are required to complete at least 600 hours supervised, planned, practice and advanced experience hours.

Missouri

To become a Licensed Professional Counselor (LPCs), one must have a master's degree in counselor or a related field from an accredited institution with 48 semester hours. Appropriate degrees must include a three-hour semester course in the following content areas:

- 1. Counseling theory
- 2. Human growth and development
- 3. Helping relationship
- 4. Social and cultural diversity
- 5. Career development
- 6. Appraisal of individuals
- 7. Group dynamics
- 8. Research methods
- 9. Professional orientation
- 10. Diagnosis

In addition to the coursework listed above, LPC licensure in Missouri requires the completion of a practicum, also sometimes referred to as an internship. This Practicum must be at least six credit hours of 600 supervised graduate hours and is a distinct requirement from post-graduate supervision, which is also necessary for LPC licensure in Missouri.

Montana •

To become a Licensed Clinical Professional Counselor (LCPCs), one must have a master's degree in counselor or a related field from an accredited institution with 60 semester hours. Appropriate degrees must include the following content areas, as identified by the Council for Accreditation of Counseling and Related Educational Programs (CACREP):

- 1. Counseling theory
- 2. Counseling Techniques
- 3. Human Growth & Development
- 4. Social & Cultural Foundations
- 5. The Helping Relationship
- 6. Groups
- 7. Lifestyle & Career Development
- 8. Appraisal
- 9. Professional Orientation
- 10. Supervised Experience
- 11. Advanced Counseling Practicum

In addition to the coursework listed above, LCPC licensure in Montana require the completion of a practicum, also sometimes referred to as an internship. This graduate clinical experience requires 30 hours of face-to-face supervision, 45 hours of group supervision, a minimum of 200 hours of service which includes 80 hours in direct services. These hours can be applied to post-graduate supervision hours.

Nebraska



Licensure as a licensed mental health practitioner (LMHP) requires the completion of a master's or doctorate degree from a: Council for Accreditation of Counseling and Related Educational Programs (CACREP), Commission of Accreditation for Marriage and Family Therapy Education (COAMFTE), Council on Social Work Education (CSWE) or

American Psychological Association (APA) accredited graduate program or equivalent. Appropriate degree programs will include at least three semester hours of graduate coursework in counseling theory and in five of the following content areas:

- 1. Human growth and development
- 2. Social and cultural foundations
- 3. The helping relationship
- 4. Group dynamics, processing, and counseling
- 5. Lifestyle and career development
- 6. Appraisal of individuals
- 7. Research and evaluation
- 8. Professional orientation
- 9. Counseling theory

Practicum must be part of the graduate degree program and consists of at least three semester hours. For CACREP approved programs, however, this requirement is six credit hours, equivalent to at least 600 hours of clinical graduate counseling experience Nebraska requires aspiring mental health practitioners to complete 3,000 hours of supervision in five years immediately preceding the application for licensure. Half of them must be in direct client contact with at least one hour per week being dedicated to face-to-face supervision.

Nevada

To become a Clinical Professional Counselor (CPCs), one must complete a graduate degree in mental health from a program approved by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) or a regionally accredited institute of higher education with a psychiatry residency approved by the state Board of Examiners for Marriage and Family Therapists and Clinical Professional Counselors.

Appropriate degree programs will provide instruction in each of the following content areas:

- 1. Human growth and development
- 2. Individual counseling theories
- 3. Individual counseling techniques and practice
- 4. Lifestyle and career development
- 5. Group dynamics, counseling, and consulting
- 6. Ethics and professional studies
- 7. Supervised practice of clinical professional counseling
- 8. Diagnosis and assessment
- 9. Social and cultural foundations
- 10. Research and evaluation
- 11. Abuse of alcohol or controlled substances

In addition to the coursework listed above, CPC licensure in Nevada require the completion of a internship. Internship experiences accumulative to 600 clinical graduate contact hours is required as a part of CACREP accredited degree program. These hours are typically completed over two 3-credit courses.

New Hampshire

To become a Clinical Mental Health Counselor (CMHCs), one must have a master's or doctorate degree from a Council for Accreditation of Counseling and Related Educational Programs (CACREP) program or similar program that meets the same academic requirements. Coursework must include at least 30 credit hours in the following content areas:

- 1. Human growth and development
- 2. Abnormal psychology/psychopathology
- 3. Counseling theories
- 4. Counseling techniques
- 5. Social and cultural foundations
- 6. Group work
- 7. Professional orientation and ethics
- 8. Career and lifestyle development
- 9. Testing and assessment
- 10. Research and program evaluation
- 11. Addictive behaviors

CMHC licensure in New Hampshire may require the completion of a practicum or internship depending on the applicant's completed degree program—particularly if it was not accredited by CACREP. The practicum/internship should be 700 hours. This practicum/internship is a distinct requirement from post-graduate supervision, which is also necessary for CMHC licensure in New Hampshire.

New Jersey

To become a Licensed Professional Counselor (LPCs), one must complete a 60-semester-hour master's degree in counseling from a regionally accredited institution of higher education. Appropriate degree programs will include at least 45 credit hours of graduate coursework in eight of the following content areas:

- 1. Counseling theory and practice
- 2. The helping relationship
- 3. Human growth and development, and maladaptive behavior
- 4. Lifestyle and career development
- 5. Group dynamics, processes, counseling, and consulting
- 6. Appraisal of individuals
- 7. Social and cultural foundations
- 8. Research and evaluation
- 9. The counseling profession

In addition to the coursework listed above, LPC licensure in New Jersey require the completion of an internship. Internship experiences accumulative to 600 clinical graduate contact hours. New Jersey requires aspiring LPCs to complete 4,500 hours of supervision throughout three years. Up to 1,500 of these hours may be obtained through 30 additional semester credits in counseling. Supervision should include at least 50 hours of face-to-face direction from an approved supervisor per year at the rate of one hour a week, with no more than 10 hours being group supervision.

New Mexico



To become a Licensed Professional Clinical Mental Health Counselor (LPCCs), one must complete a 48 semester-hour master's or doctoral degree in counseling or a related field from a regionally accredited institution of higher education. Appropriate degree programs will include three semester hours in each of the following content areas:

- 1. Human growth and development
- 2. Social and cultural foundations
- 3. Helping relationships
- 4. Group work
- 5. Career and lifestyle development
- 6. Appraisal
- 7. Research methods
- 8. Professional orientation

In addition to these three semester hour courses, New Mexico's Regulation and Licensing Department also requires 12 semester hours in specialized clinical studies such as clinical case study, psychodynamics, addictions, and psychopathology, to name a few.

In addition to the coursework listed above, LPCC licensure in New Mexico also requires the completion of a practicum, sometimes referred to as an internship. This practicum/internship should be at least nine semester hours of graduate coursework focusing on training in a professional setting under the direction of a faculty member and/or on-site supervisor designated by the college or university.

New York



To become a Licensed Mental Health Counselors (LMHCs), one must complete a master's or doctoral degree in counseling from a program accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) or another acceptable accrediting agency. Appropriate degree programs will be 60 semester hours of graduate-level coursework, with instruction in each of the following core content areas:

- 1. Human growth and development
- 2. Social and cultural foundations of counseling
- 3. Counseling theory and practice
- 4. Psychopathology
- 5. Group dynamics
- 6. Lifestyle and career development
- 7. Assessment and appraisal of individuals, couples, families and groups
- 8. Research and program evaluation
- 9. Professional orientation and ethics
- 10. Foundations of mental health counseling and consultation
- 11. Clinical instruction
- 12. Internship or Practicum
 - a. A year-long supervised internship or Practicum in mental health counseling is required, which adds up to at least 600 clock hours.

North Carolina



To become a Licensed Professional Counselor (LPCs), one must complete an master's degree in counseling from a regionally accredited institution of higher education.

Appropriate degree programs will be 60 semester hours of graduate-level coursework, with three semester hours in each of the following core content areas:

- 1. Helping Relationships
- 2. Professional Orientation to Counseling
- 3. Human Growth and Development Theories
- 4. Social and Cultural Foundations
- 5. Group Counseling Theories
- 6. Career Counseling and Lifestyle Development
- 7. Assessment in Counseling
- 8. Research and Program Evaluation

LPC licensure also requires the completion of a one-semester practicum and a one-semester internship. These must consist of at least 300 hours of counseling experience, with at least 17 hours of supervision at a rate of one hour of supervision for each hour of experience. Direct client contact hours must equate to 180 hours of the total 300.

North Dakota



To become a Licensed Practicing Counselor (LPC), one must complete a master's degree in counseling, counselor education, counseling and guidance or counseling and development. Appropriate degree programs will be at least 60 semester credits, with coursework in each of the following core content areas:

- 1. Counseling Theories
- 2. Counseling Methods
- 3. Group Counseling
- 4. Individual appraisal or testing
- 5. Statistics or research methods
- 6. Human Growth and development
- 7. Social and cultural foundations
- 8. Career and lifestyle development
- 9. Professional orientation and ethics

LAPC, LPC, and LPPCC licensure in North Dakota also requires the completion of a 700-hour counseling internship or Practicum. LPC licensure in North Dakota requires a two-years Plan of Supervision, which should include 400 hours of client contract and 100 hours of direction from an approved supervision—of which 60 hours must be one-on-one.

Ohio

To become a Licensed Practicing Counselor (LPC), one must complete a 60-semester credit master's degree in clinical mental health counseling, clinical rehabilitation counseling or addiction counseling from a program accredited by the Council for the Accreditation of Counseling and Related Educational Programs (CACREP). Non-CACREP-approved programs may still be eligible if they are offered by an institution accredited by an accreditation agency recognized by the U.S. Secretary of Education or the Council for Higher Education Accreditation and if they include the coursework outlined below. Appropriate degree programs will include at least one graduate course in each of the following content areas:

- 1. Counseling theory
- 2. Counseling techniques
- 3. Human growth and development
- 4. Social and cultural foundations
- 5. Group dynamics, processing and counseling
- 6. Lifestyle and career development
- 7. Appraisal of the individual
- 8. Research and evaluation
- 9. Professional, legal and ethical issues

Either as part of the degree program or after graduation, applicants must also provide proof of completed coursework in the following areas:

- 1. Clinical psychopathology, personality and abnormal behavior
- 2. Evaluation of mental and emotional status
- 3. Diagnosis of mental and emotional disorders
- 4. Methods of intervention and prevention of mental and emotional disorders
- 5. Treatment of mental and emotional disorder

LPC licensure in Ohio requires the completion of a practicum of 40 direct hours and an internship of 240 direct hours. These requirements are distinct from post-graduate supervision, which is also necessary for LPCC licensure in Ohio.

Oklahoma •



Oklahoma LPC licensure requires the completion of a master's degree in counseling or a related mental health graduate degree from a regionally accredited college or university recognized by the United States Department of Education.

Appropriate degree programs will be at least 60 semester credit hours long and include at least one course of at least three semester credit hours in each of the following content areas:

- 1. Human growth and development
- 2. Abnormal human behavior
- 3. Appraisal/assessment techniques (two courses required). The program currently requires one, so an additional course is needed. [Please consult with the Program Director for additional coursework.]
- 4. Counseling theories/methods (two courses required)
- 5. Professional orientation/ethics
- 6. Research
- 7. Practicum/internship

An additional five, three semester-credit hour course should be completed in the following knowledge areas: group dynamics, lifestyle and career development, social and cultural foundations, personality theories, crisis intervention, marriage/family counseling, addictions counseling, rehabilitation counseling, gerontology, human sexuality, counseling with children/adolescents, clinical supervision, psychopharmacology, consultation, physical and emotional health, grief counseling.

Oregon •

Licensure as a professional counselor requires the completion of a graduate degree in counseling from a program approved by the Council for Accreditation of Counseling and Related Educational Programs or the Council on Rehabilitation Education or a program meeting equivalent standards.

Appropriate degree programs will be at least 60 semester credit hours in length, including at least two semester credit hours of coursework in:

- 1. Counseling theory
- 2. Human growth and development
- 3. Social and cultural foundations
- 4. The helping relationship
- 5. Group dynamics processing and counseling
- 6. Lifestyle and career development
- 7. Diagnosis and appraisal of individuals
- 8. Research and evaluation
- 9. Professional orientation (Ethics)

This internship should consist of at least 700 clock hours with 280 hours in direct client contact. This is a distinct requirement from post-graduate supervision, which is also necessary for LPC licensure in Oregon. Oregon requires aspiring LPCs to complete 2,400 hours of supervision, with at least 50 percent dedicated to direct client contact.

Pennsylvania



Licensure as a professional counselor requires the completion of a 60 semester-hour graduate degree in counseling or a closely related field from an accredited educational institution. Appropriate degree programs will include at least two semester hours of coursework in each of the following content areas:

- 1. Human growth and development
- 2. Social and cultural foundations
- 3. Helping relationships
- 4. Group work
- 5. Career and lifestyle development
- 6. Appraisal
- 7. Research and program evaluation
- 8. Professional orientation
- 9. Clinical instruction

In addition to the coursework listed above, LPC licensure in Pennsylvania also requires the completion of a 100-hour practicum and a 600-hour internship, in that order. Master's degree holders must complete 3,000 hours of supervision, while those with doctoral degrees must obtain a minimum of 2,400 — at least 1,200 post degree.

Rhode Island



Licensure as a Licensed Clinical Mental Health Counselor (LCMHC) requires the completion of a 60 semester-hour master's or doctoral degree in counseling or a closely related field from an educational institution accredited by the New England Association of Schools and Colleges or an equivalent regional accrediting agency. Alternatively, a graduate degree from recognized educational institution that meets the coursework criteria listed below may be acceptable.

Appropriate degree programs will include instruction in each of the following core content areas for the respective number of credits:

- 1. Helping relationships and counseling theory 9 total credits
- 2. Human growth and development
- 3. Social and cultural foundations:
- 4. Group counseling Three Credits
- 5. Lifestyle and career development
- 6. Appraisal Three Credits
- 7. Research and program evaluation
- 8. Professional orientation
- 9. Electives: (Courses may reflect a specialization area, or add knowledge and skills in interdisciplinary studies)

In addition to the coursework listed above, LCMHC licensure in Rhode Island also requires the completion of a 12 semester-hour practicum and a one-year internship of at least 20 hours per week.

[Please consult with the Program Director regarding this requirement.]

Rhode Island requires aspiring LCMHCs to complete two years of supervision with at least 2,000 hours of direct client contact and 100 hours of direction from an approved supervisor.

South Carolina



Licensure as a professional counselor requires the completion of a master's or doctoral degree of at least 60 graduate semester hours in counseling or a related discipline from a college or university accredited by the Commission on the Colleges of the Southern Association of Colleges and Schools, the Association of Theological Schools in the United States and Canada or one of their regional associations. Appropriate degree programs will include at least one threehour graduate level course in each of the following core content areas: Human growth and development

- 1. Social and cultural foundations
- 2. Helping relationships
- 3. Groups
- 4. Lifestyle and career development
- 5. Appraisal
- 6. Research and evaluation
- 7. Professional orientation
- 8. Psychopathology
- 9. Diagnostics
- 10. Practicum

South Carolina LPC licensure also requires the completion of a 150-hour practicum. Individuals should have completed an internship as a part of their graduate degree program of at least 600 hours. South Carolina requires Licensed Professional Counselor Interns (LPCIs) to complete a minimum of 1,500 hours of supervision in no less than two years. This must include 1,500 hours of direct client contact and a minimum of 150 hours of direction from an approved supervisor, of which at least 100 hours must be individual supervision.

South Dakota



Licensure as a professional counselor requires the completion of a graduate degree in counseling from a program approved by CACREP. Degree programs that include all of the coursework listed below may be acceptable. Appropriate degree programs will include graduate-level courses in each of the following core content area:

- 1. Counseling theory
- 2. Counseling techniques
- 3. Human growth and development
- 4. Social and cultural foundations
- 5. Group
- 6. Lifestyle and career development
- Appraisal of the individual 7.
- Research and evaluation 8.
- 9. Professional, legal, and ethical considerations
- 10. Practicum
- 11. Internship

LPC licensure also requires the completion of a practicum and an internship. The Practicum must be a supervised training experience of at least 100 hours with a minimum of 40 hours in direct client service. It should be under the direction of a graduate faculty member. South Dakota requires aspiring LPCs to complete 2,000 hours of supervision within five years. This must include at least 800 hours of direct client contact and a minimum of 100 hours of direction from an approved supervisor.

Tennessee



Licensure as a professional counselor requires the completion of a master's degree in counseling from a program accredited by the Southern Association of Colleges and Schools, CACREP, or a similar accrediting body. Appropriate degree programs will include 60 graduate hours of coursework with instruction in each of the following core content areas:

- 1. Theories of human behavior, learning, and personality
- 2. Abnormal behavior
- 3. Theories of counseling and psychotherapy
- 4. Evaluation and appraisal procedures
- 5. Group dynamics, theories, and techniques
- 6. Counseling techniques
- 7. Multicultural counseling
- 8. Ethics
- 9. Research
- 10. Clinical Practicum or Internship

Individuals pursuing licensure are also required to take coursework on the use of the DSM and treatment and treatment planning. LPC licensure requires the completion of a supervised field experience, either in the form of a practicum or an internship. Either must be at least 500 hours long, with at least 300 hours in a mental health or community agency setting.

Texas



LPC licensure requires the completion of a master's or doctoral degree in counseling or a counseling related field from an accredited college or university. Counseling related fields include psychology, psychiatry, social work, and marriage and family therapy. Appropriate degree programs will be at least 60 graduate semester hours long and include coursework in each of the following areas:

- 1. Normal human growth and development
- 2. Abnormal human behavior
- 3. Appraisal or assessment techniques
- 4. Counseling theories
- 5. Counseling methods or techniques
- 6. Research
- 7. Lifestyle and career development
- 8. Social, cultural, and family issues
- 9. Professional orientation
- 10. Practicum
- 11. Addictions counseling
- 12. Counselor ethics
- 13. Couples, marriage, or families
- 14. Psychopathology

LPC licensure also requires the completion of a supervised practicum/internship experience. This should consist of at least 300 hours with a minimum of 100 hours of direct client contact. Texas requires LPCs to complete 3,000 hours of supervision with at least 1,500 hours of client contact.

Utah •

Licensure as a mental health counselor requires the completion of a master's or doctoral degree in clinical mental health counseling or counselor education and supervision from a program accredited by CACREP or the Council for Higher Education Accreditation. Appropriate degree programs will be at least 60 semester hours in length and include coursework in each of the following areas for at least two semester hours:

- 1. Professional orientation and ethical practice
- 2. Social and cultural diversity
- 3. Group counseling and group work
- 4. Human growth and development
- 5. Career development
- 6. Counseling and helping relationships
- 7. Substance-related and addictive disorders
- 8. Assessment and testing
- 9. Mental status examination and the appraisal of DSM maladaptive and 2 psychopathological behaviors
- 10. Research and program evaluation
- 11. Helping relationships for six semester hours
- 12. Assessment of mental status for four semester hours
- 13. Internship for four semester hours

LCMHC licensure also requires the completion of an internship or Practicum at least four semester hours in length. This must include a minimum of 1,000 hours of supervised clinical training, of which at least 400 hours must be in providing mental health counseling directly to clients. The CMHC program at UW-Stout requires 750 hours of clinical training; therefore, an additional 250 is required to be eligible for licensure in Utah.

[Please consult with the Program Director regarding this requirement.]

Vermont

Licensure as a mental health counselor requires the completion of a master's degree or higher in counseling or a related field from an accredited educational institution. Appropriate degree programs will be at least 60 credits of graduate level coursework in mental health counseling or a related field, including three credits in five of the following core content areas:

- 1. Human growth and development
- 2. Theories
- 3. Counseling skills
- 4. Groups
- 5. Measurement
- 6. Professional orientation and ethics
- 7. Treatment modalities

In addition, at least three graduate credits in two of the follow content areas must be completed:

- 1. Marriage, couples, and family counseling
- 2. Human sexuality for counselors
- 3. Crisis intervention
- 4. Addictive disorders
- 5. Psychopharmacology

And three graduates credits in each of the following:

- 1. Multi-cultural studies
- 2. Research and evaluation
- 3. Career and lifestyle appraisal

CMHC licensure also requires the completion of a 700-hour supervised internship or field experience as part of the degree program.

Virginia

Licensure as a professional counselor requires the completion of a graduate degree program from a college or university accredited by a regional accrediting agency. Appropriate degree programs should be at least 60 semester hours of graduate study in the following core coursework with a minimum of three semester hours each: Professional counseling identity, function, and ethics

- 1. Theories of counseling and psychotherapy
- 2. Counseling and psychotherapy techniques
- 3. Human growth and development
- 4. Group counseling and psychotherapy, theories and techniques
- 5. Career counseling and development, theories and techniques
- 6. Appraisal, evaluation, and diagnostic procedures
- 7. Abnormal behavior and psychopathology
- 8. Multicultural counseling, theories and techniques
- 9. Research
- 10. Diagnosis and treatment of addictive disorders
- 11. Marriage and family systems theory
- 12. Supervised internship

LPC licensure also requires the completion of a 600-hour supervised internship, with at least 240 hours of direct client contact.

Washington •

LMHC requires the completion of a master's or doctoral degree in mental health counseling, behavioral science or a field relating to mental health counseling. This core of study must include seven content areas from the list in subsections (1) through (17) of this section, five of which must be from content areas in subsections (1) through (8) of this subsection:

- 1. Assessment/diagnosis
- 2. Ethics/law
- 3. Counseling individuals
- 4. Counseling groups
- 5. Counseling couples and families
- 6. Developmental psychology
- 7. Psychopathology/abnormal psychology
- 8. Research and evaluation
- 9. Career development counseling
- 10. Multicultural concerns
- 11. Substance/chemical abuse
- 12. Physiological psychology
- 13. Organizational psychology
- 14. Mental health consultation
- 15. Developmentally disabled people
- 16. Abusive relationships
- 17. Chronically mentally ill

And additional instruction in two of the following content areas:

- 1. Career development counseling
- 2. Multicultural concerns
- 3. Substance/chemical abuse
- 4. Physiological psychology
- 5. Organizational psychology
- 6. Mental health consultation
- 7. Developmentally disabled people
- 8. Abusive relationships
- 9. Chronically mentally ill

LMHC licensure also requires the completion of a counseling internship or Practicum with supervised, direct client contact.

West Virginia

One must complete a master's or doctoral degree in counseling from an institution accredited by CACREP, National Council on Accreditation for Teacher Education, North Central Association of Colleges and Schools, Southern Association of Colleges and Schools, Council on Rehabilitation Education or a comparable accrediting body. Appropriate degree programs will be 60 semester hours with a minimum of three semester hours in each of the following content areas: Counseling theories

- 1. Counseling techniques
- 2. Human growth and development
- 3. Social and cultural foundations
- 4. Individual appraisal
- 5. Professional responsibilities
- 6. Principles of etiology, assessment, diagnosis, treatment planning and prevention of mental and emotional disorders and dysfunctional behavior
- 7. Addictions counseling
- 8. Group dynamics
- 9. Lifestyle and career development
- 10. Marriage, couples or family counseling
- 11. Research and evaluation
- 12. Supervised Practicum
- 13. Supervised internship

Additional required elective coursework should be in:

- 1. Human sexuality
- 2. Psychopharmacology
- 3. Crisis intervention
- 4. Biological basis of behavior
- 5. Counseling special populations
- 6. Rehabilitation counseling
- 7. Counseling interventions
- 8. Additional or advanced courses in any required curriculum category listed in section 6.1.b.1 through 14

LPC licensure requires the completion of a supervised practicum and internship.

Wisconsin •



See <u>page 4</u>.

Wyoming •

Requires the completion of a master's or doctoral degree in counseling from a program accredited by CACREP or the Council on Rehabilitation Education (CORE). Programs not accredited by CACREP or CORE may be acceptable if they are certified by a regional or national institution recognized by the Council for Higher Education Accreditation and meet the coursework requirements below. Appropriate degree programs will be 60 semester hours of graduate-level coursework, with instruction in each of the following core content areas:

- 1. Human growth and development
- 2. Social and cultural diversity
- 3. Helping relationships
- 4. Group work
- 5. Career development
- 6. Assessment
- 7. Research and program evaluation
- 8. Professional orientation and ethical practice
- 9. Practicum
- 10. Internship

LPC licensure requires the completion of an internship, Practicum or field experience under clinical supervision. Practicum experience must equate to at least 100 hours over a 10-week academic term. Internships must include 600 hours of supervised experience reflective of the work of a professional counselor.

All information:

https://onlinecounselingprograms.com/become-a-counselor/counseling-licensure/

Counseling Certification Requirements: Licensure by State. (2022, June 1). CORP-MACO

(OCP). https://onlinecounselingprograms.com/become-a-counselor/counseling-licensure/