

UW-Stout 2005 Outdoor Women's Track & Field Individual Results

Event/ name	@Elmhurst Quad-Plus 4/2 1st/10	@Falcon Invite 4/9 no-scores	@Gustavus Invite 4/16 no scores	@St. Olaf Manitou 4/23 no scores	@La Crosse Classic 4/30 2nd/7	@WIAC Champs 5/6-7 5th/9	@La Crosse LastChance 5/20 no scores	@NCAA Nat'l's 5/27-29 39th
100-dash								
Kristen Ferris	13.80	13.86	x	14.01	13.44	x	x	x
Megan Sartor	14.05	x	x	x	x	x	x	x
Oriana Zens	14.34	14.21	14.29	14.25	13.38	x	x	x
Erin Eipers	14.72	14.65	x	14.50	14.03	x	x	x
Sara Manion	x	15.42	x	x	x	x	x	x
Lindsay Kjolsing	x	x	13.29	x	12.76	12.79	x	x
Andrea Race	15.29	15.43	14.77	14.99	14.45	x	x	x
200-dash								
Lindsey Kjolsing	27.13	x	x	x	x	x	x	x
Nikki Sims	27.49	x	x	x	x	x	x	x
Oriana Zens	28.38	29.63	x	28.41	28.93	x	x	x
Erin Eipers	29.98	29.54	x	30.05	29.48	x	x	x
Kristin Becker	31.02	30.46	30.28	x	30.43	30.28	x	x
Sara Manion	31.77	30.74	x	x	30.57	30.12	x	x
Megan Sartor	x	x	x	27.18	27.45	x	x	x
400-dash								
Kristin Becker	69.29	68.56	x	70.12	x	x	x	x
Sara Manion	70.68	x	69.57	x	x	x	x	x
Megan Sartor	x	62.05	63.68	x	x	60.15	x	x
Laura Eysnogle	x	x	x	x	62.98	x	x	x
Lindsay Enger	x	x	x	x	64.58	x	x	x
Bonnie Wold	x	x	x	x	67.15	x	x	x
Ramona Vann	x	x	70.23	x	x	x	x	x
800-run								
Stephanie Nichols	2:29.60	2:25.97	2:25.30	2:26.96	2:24.61	x	x	x
Lindsay Enger	2:31.02	2:28.45	x	2:26.88	x	x	x	x
Laura Eysnogle	2:32.67	x	2:27.34	2:31.21	x	x	x	x
Bonnie Wold	2:38.55	2:27.83	2:33.53	2:34.43	x	x	x	x
Rachel Richardson	x	x	x	x	2:38.72	x	x	x
Erica Schweikert	x	x	x	x	2:48.34	x	x	x
Emily Dubay	x	x	x	x	2:58.92	x	x	x
Laura Verdegan	x	x	x	x	x	x	2:19.60	x
1500-run								
Stephanie Nichols	5:03.41	5:05.65	x	4:59.28	x	4:55.27	x	x
Bonnie Wold	5:37.13	x	x	x	x	x	x	x
Rachel Richardson	5:38.90	5:31.30	x	x	x	x	x	x
Erica Schweikert	5:49.38	5:41.90	5:44.90	5:40.81	x	x	x	x
Lindsay Enger	x	5:21.30	x	x	x	x	x	x
Amanda Rau	x	5:42.00	x	x	x	x	x	x
Emily Dubay	x	5:53.00	x	x	x	x	x	x
Krista Jahimiak	x	x	x	x	5:00.16	x	x	x
Bridget Crozier	x	x	5:21.90	x	5:11.42	x	x	x
Leah Karaliunas	x	x	5:39.50	x	5:32.28	x	x	x
Leah Williams	x	x	5:45.40	x	5:52.75	x	x	x
5000-run								
Krista Jahimiak	19:03.99	18:52.07	x	18:49.11	x	18:30.13	x	x
Bridgette Crozier	19:24.00	19:35.58	x	x	x	x	x	x
Leah Karaliunas	20:22.17	20:42.25	x	x	x	x	x	x
Amanda Rau	21:39.40	x	x	x	x	x	x	x
Jodi Welhoefer	23:24.53	22:39.47	x	22:05.15	21:56.65	x	x	x
Leah Moss	x	22:22.01	x	x	x	x	x	x
Christine Enger	x	x	x	21:28.08	21:00.51	x	x	x
Emily Dubay	x	x	x	22:05.00	x	x	x	x
Jodi Welhoefer	x	x	x	22:05.15	21:56.65	x	x	x
Leah Williams	x	22:22.01	x	x	x	x	x	x
10,000-run								
Bridgette Cozier	x	x	x	39:35.71	x	39:28.26	x	x
Abbey Ring	x	x	x	41:28.17	x	x	x	x
Leah Karaliunas	x	x	x	43:00.79	x	x	x	x
Leah Williams	x	x	x	45:52.79	x	48:21.34	x	x
3000-steeplechase								
Abbey Ring	13:04.80	x	13:01.50	x	12:30.23	12:35.46	x	x
Carly Mann	13:24.10	x	13:05.80	13:06.83	x	13:45.71	x	x
Emily Dubay	14:03.20	x	13:39.20	x	x	x	x	x
Amanda Rau	x	x	13:39.20	x	x	x	x	x
Rachel Richardson	x	x	13:15.20	13:01.10	x	12:50.63	x	x
100-hurdles								
Laura Verdegan	16.01	16.46	x	x	x	x	15.75	x
Jasmine Patzner	16.32	16.68	x	16.15	15.79	15.58	x	x
Taylor Mayo	18.32	18.47	19.09	18.11	x	x	x	x
Attalia Young	18.71	19.15	18.72	18.60	18.43	18.76	x	x
Chelsey Becker	x	16.52	x	16.69	16.52	x	x	x
Kat Roesler	x	17.27	x	17.19	x	17.77	x	x

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400-hurdles								
Laura Verdegan	67.55	x	68.95	64.88	x	63.94p	x	x
Jasmine Patzner	72.38	73.12	73.43	71.95	69.41	68.99	x	x
Carly Mann	x	74.91	x	75.44	x	x	x	x
4X100-relay								
Stout "A"	51.56	x	51.40	51.65	51.53	50.87	x	x
4x400-relay								
Stout "A"	4:14.02	x	x	4:09.42	4:10.32	4:04.07	x	x
4x800-relay								
Stout "A"	x	x	x	x	x	9:43.64*	x	x
High Jump								
Camelle Meyer	4-9	x	5-0.25	4-7	4-6.75	4-8.75	x	x
Taylor Mayo	4-9	x	4-10.25	4-9	x	4-8.75	x	x
Becky Monyhan	4-7	4-7	x	4-7	4-10.50	4-10.50	x	x
Laura Verdegan	x	x	x	x	5-4.50	5-6.5a	x	5-3, 15th
Pole Vault								
Liana Frisch	10-4	10-7	10-6	10-6	10-8	NH	x	x
Ellen Frisch	7-3	x	6-6.75	7-6	x	x	x	x
Chelsey Becker	x	11-9*p	10-11.75	x	11-7.75	11-7.75	11-3	11-0.75, 21st
Long Jump								
Laura Verdegan	18-4.25p	x	17-1.50	x	x	18-7*p	x	18-3.75, 8th
Nikki Sims	17-10.25	17-8.25	17-1.25	x	18-0.25	17-3.50	17-2.25	x
Sam Strunk	15-2	x	x	13-7.50	x	x	x	x
Ramona Vann	15-1.50	x	15-5.75	x	15-8.75	x	x	x
Katie Kronebusch	14-5	x	14-6	13-8.25	14-8.75	x	x	x
Camelle Meyer	14-1	x	x	x	x	x	x	x
Chelsea Becker	x	x	x	17-0.75	x	17-4	16-5.75	x
Triple Jump								
Laura Verdegan	37-1.75p	x	35-1.75	37-8p	37-10p	40-1.25a	x	38-0.75, 11th
Nikki Sims	36-4.75	35-4	x	x	35-0.25	34-11	32-11	x
Ramona Vann	33-7.25	x	x	x	32-11.25	32-6.50	x	x
Sam Strunk	33-5.25	34-6.75	32-0.75	x	x	36-1.25	x	x
Katie Kronebusch	30-2.25	x	31-6.50	30-9.75	32-0.25	x	x	x
Chelsey Becker	x	x	x	37-6.5	36-4.75	36-9	37-3	x
Shot put								
Ann Schachtner	41-3	44-6.75p	41-10.75	43-8p	43-9.75p	41-7.75	44-8.25	43-1.50, 11th
Krista Hasselquist	40-0.50	41-0.50	40-0.50	40-9.50	41-6	41-10	42-9.50	39-3, 18th
Bonnie Nutt	38-10.50	39-8	36-11	37-9.25	39-2.25	39-9.25	x	x
Laura Verdegan	x	x	x	x	x	x	31-6.50	x
Discus								
Ann Schachtner	113-9	118-7	86-9	x	116-1	114-11	x	x
Krista Hasselquist	108-10	124-10	86-9	115-5	126-10	131-11	121-9	x
Bonnie Nutt	108-7	117-5	103-0	113-3	121-10	120-8	x	x
Alyssa Klinkenberg	x	94-11	x	96-11	x	x	x	x
Hammer Throw								
Bonnie Nutt	129-7	125-5	126-0	111-5	127-0	127-10	x	x
Krista Hasselquist	123-3	119-0	107-5	105-6	x	132-2	x	x
Marci Schachtner	x	145-3	x	162-0p	x	x	x	154-6, 14th
Alyssa Klinkenberg	x	107-2	102-3	x	x	112-0	x	x
Javelin								
Camelle Meyer	107-3	x	77-10	103-7	99-0	90-1	x	x
Ramona Vann	88-3	x	80-8.25	78-0	86-11	x	x	x
Sam Strunk	87-2	99-5	86-9	89-0	78-6	88-1	x	x
Taylor Mayo	x	95-2	82-2	93-1	x	101-0	x	x
Becky Monyhan	x	x	x	47-4.23	x	x	x	x
Laura Verdegan	x	x	x	x	x	x	108-0	x

a = NCAA Division III automatic qualifier

p = NCAA Division III provisional qualifier

* school record

Laura Verdegan	St. Ben	NCAA Nat'ls
Hepthathlon	4/10-11	5/26-28
100-hurdles	15.69	15.29
High jump	5-9.75*a	5-6
Shot put	32-5.75	32-10.50
200	27.11	27.42
Long jump	18-3.75p	17-8
Javelin	80-4.25	96-3
800	2:22.78	2:18.90
Total	4802*a	4811*, 4th