

## **“Stout Open” Saturday, January 28, 2006, Noon**

**Teams indicated coming:** Augsburg (M&W), Bethel (M&W), Concordia, MN (M&W), Macalester (M&W), Northwestern (M&W), UW-Eau Claire (W), UW-La Crosse (W), UW-River Falls (M&W), & UW-Stout (M&W).

**Entries:** Unlimited entries. We are NOT limiting the number of entries per event in this meet. Entries are due: Wednesday, January 25<sup>th</sup>, by Noon. We will be using an on line entry process, with the details emailed to you the week before the meet. **IF YOU HAVE AN ATHLETE IN QUESTION PLEASE ENTER THEM. WE WILL ALLOW SCRATCHES, BUT NO ADDITIONS THE DAY OF THE MEET.** This meet is open to collegiate athletes or post high school open competitors.

**Entry Times:** We are asking everyone to be honest with entry times or estimates this time of year. We want the correct heats to be placed together to be fair to all participants.

**Heat Sheets:** We will attempt to get heat sheets posted on the Stout Track Homepage by Thursday @2:00pm. [www.uwstout.edu/athletics/](http://www.uwstout.edu/athletics/) Please check the heat sheets for any mistakes. We will make corrections anytime before or up through Friday at noon, but not on the day of the meet. Final heat sheets will be posted Friday by 3pm or as soon as possible so *you can have them before you practice Friday or leave your school.* Final results posted on the web within 30 minutes of the conclusion of the meet.

**Track:** 1 year old Benyon Sports BS1000 Encapsulated track was poured in October of 2004. “\_” spikes may be worn for all events (track AND field). We have 6 lanes all the way around (200m), and 8 sprint/hurdle lanes on the straight.

**Timing:** Finish Lynx fully automatic timing system will be used. Ties will be broken to the 1000<sup>th</sup> of a second if necessary. We will also attempt to have a USATF Certified Official running every event if possible.

**Scoring:** This early season open meet will be non-scored.

**Long Jump, Triple Jump, Shot & Wt.:** We will be giving all competitors 3 initial attempts in the LJ, TJ, Shot, & Wt. Throw. The top 9 marks will advance to the finals for 3 more attempts.

**Pole Vault & High Jump:** *Opening heights are determined by working backwards from 2006 NCAA Division III Indoor qualifying marks at higher heights.*  
Estimate in Men’s vault is approximately 3.75 M (12’ 3.5”) raised by 15 cm.  
Estimate in Men’s high jump is approximately 1.61 M (5’ 3.25”) raised by 5 cm.  
Estimate in Women’s vault is approximately 2.48 M (8’ 1.5”) raised by 15cm.  
Estimate in Women’s high jump is approximately 1.29 M (4’ 2.75”) raised by 5 cm.

**Entry Fee:** \$85.00 per team / \$170 for both men and women.  
Checks payable to UW-Stout Track & Field, cash is acceptable.

**Questions:** Contact Joe Harlan by phone at 715-232-5243 or e-mail at [harlanj@uwstout.edu](mailto:harlanj@uwstout.edu) or contact Josh Buchholtz at 715-232-3491 or e-mail at [buchholtzjos@uwstout.edu](mailto:buchholtzjos@uwstout.edu)

We look forward to hosting the meet and seeing all of you on Saturday, January 28th.

Joe Harlan

Josh Buchholtz