Sacred Heart Hospital is a Catholic, not-for-profit health care facility, an affiliate of the Hospital Sisters Health System. The primary purpose of Sacred Heart Hospital is to provide structure and the means whereby the Hospital Sisters of the Third Order of St. Francis can continue their apostolic mission to serve the sick, the aged, the poor, and the terminally ill. Sacred Heart Hospital is a general, short-term, acute care hospital with 175 physicians and dentists on Active Staff. It is the regional medical center for several secondary and tertiary services including a comprehensive cancer center, Neurosciences center and critical care services. The primary service area includes all of Eau Claire County and a portion of Chippewa County. The secondary and tertiary service area includes the above, plus all of Chippewa, Barron, Dunn, Pepin, and Rusk Counties.

Nutrition Services provides nutrition assessment, counseling, and education to inpatients and outpatients. The 54 Department employees are responsible for providing meals to patients (9,373 meal equivalents/month), employees (9,993/month), visitors (2,109/month), employee daycare center (1,002/month), Congregate meals sites for the elderly (6,110/month), home-delivered meals (2,944/month), as well as 13,613 meal equivalents/month for medical staff lounges, priests and sisters, volunteers, and nourishments.

Students are involved in developing the multidisciplinary care plans and family conferences for patients in rehabilitation and neurology. Nutritional educational programs for diabetics and stroke victims are also planned by the students.