**I. GENERAL EDUCATION COMPONENT**

A. Communication Skills (8 credits)*  
Select 8 credits from approved courses.  
- ENGL-101  Freshman English: Composition **OR**  
- ENGL-111  Freshman English: Honors  
- ENGL-102  Freshman English: Reading & Related Writing **OR**  
- ENGL-112  Freshman English: Honors  
- SPCOM-100  Fundamentals of Speech  

B. Analytical Reasoning (6 credits)*

C. Health Enhancement and Physical Well-Being (2 credits)*

D. Humanities and the Arts (9 credits)*  
Select 9 credits from 3 or more areas

E. Social/Behavioral Sciences (12 credits)*  
Required  
- PSYC-110  General Psychology  
- SOC-110  Introductory Sociology  
- POLS-210  American Government  
  *Remaining 3 credits can be taken from anthropology, economics, geography, political science, psychology and sociology.*

F. Natural Sciences (4 credits)*  
Select 4 credits, including a lab course

G. Technology (2 credits)*

H. General Education Electives (2 credits)*

**TOTAL: 45 Credits**

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**II. MAJOR STUDIES**

Human Development & Family Studies

- HDFS-101  Intro HDFS  
- HDFS-115  Individual and Family Relations**  
- HDFS-124  HD: Early Childhood**  
- HDFS-215  Dynamics of Family Development**  
- HDFS-225  Skill Training for Individual/Family Intervention**  
- HDFS-257  Lifespan Sexuality**  
- HDFS-270  Seminar in Self Growth  
- HDFS-325/525  HD: Mid Childhood Adolescence**  
- HDFS-330/530  HD: Early/Middle Adulthood**  
- HDFS-335/535  Seminar – Culturally Diverse Individuals and Families  
- HDFS-336/536  Experience: Developing Cultural Competence  
- HDFS-340/540  HD: Late Adulthood**  
- HDFS-345/545  Family Health Care/Dilemmas and Decisions for Families  
- HDFS-360/560  Work and Family Issues**  
- HDFS-365/565  Family Resource Management**  
- HDFS-420  Family Research & Methodology  
- HDFS-450/650  Family Policy**  
- HDFS-456  Abuse and the Family  
- HDFS-490  Professional Issues**  
- HDFS-491  Practicum: HDFS (min. 4 credits)**  

**TOTAL: 56 Credits**

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**MUST BE FROM APPROVED GENERAL EDUCATION LIST**

**Denotes courses needed to become a Certified Family Life Educator by the National Council on Family Relations (plus Parent Education & Family Life Education Programs).**

**HDFS majors meet all of the University's Design for Diversity requirements through the courses required in the major.**
III. MINOR, CERTIFICATION, OR STUDENT-DESIGNED CONCENTRATION

18 credits required

1. Students may select an existing minor or certification/specialization (e.g., Gerontology Specialization). The following sites will link you to minors: www.uwstout.edu/programs/minor.shtml and specializations: www.uwstout.edu/programs/spec.shtml.

OR

2. Students may choose a student-designed concentration and select 18 credits in consultation with their advisor. Suggested courses for working with children, adolescents, adults, and families in a variety of settings may be found at: www.uwstout.edu/programs/bshdfs/cs.html. These courses may be selected to fulfill the 18 credit requirement of the student-designed concentration.

NOTE: AS PART OF YOUR CONCENTRATION, you may wish to take coursework for:

The Wisconsin Social Work Training Certificate is highly recommended if considering working in a human services agency. Academic requirements may be found at: www.uwstout.edu/programs/bshdfs/cs.html. For more information about the requirements for the Social Work Training Certificate as well as the application procedure, go to: http://drl.wi.gov/profession.asp.

Academic requirements for the Provisional Certified Family Life Educator may be found at: www.uwstout.edu/programs/bshdfs/cs.html. For more information about the Provisional Certified Family Life Educator and for the application process, go to: www.ncfr.org.

A Graduate School. University of Wisconsin-Stout graduate program requirements may be found at: www.uwstout.edu/programs/grad.shtml.

IV. FREE ELECTIVES

Students may select any additional 5 credits for degree completion.

TOTAL CREDITS REQUIRED FOR A BACHELOR OF SCIENCE DEGREE IN HUMAN DEVELOPMENT AND FAMILY STUDIES

<table>
<thead>
<tr>
<th>Category</th>
<th>Credits</th>
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<tr>
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<tr>
<td>MAJOR STUDIES</td>
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<tr>
<td>CONCENTRATION, MINOR OR CERTIFICATION</td>
<td>18</td>
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<tr>
<td>FREE ELECTIVES</td>
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<td><strong>TOTAL</strong></td>
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Rev. 7/28/10