**ENTRÉES**

- Vegetarian Chili | Sloppy Joe (Meatless)
- Spaghetti Sauce Marinara | Red Veggie Sauce
- Veggie Black Bean Stir Fry | Veggie Sweet & Sour
- Veggie Szechuan | Veggie Teriyaki | Boca Burger
- Pasta | General Tso Vegetable & Rice
- Fajitaria: W/ Boca Filling & Refried Beans
- Stufflers: W/ Baked Potato, Broccoli, Chili Beans

**TACOS & MORE**

- Refried Beans | Veg. Taco Filling
- Hard Shell Corn Tortilla
- Lettuce | Olives | Tomato

**SOUTHWEST SIZZLE**

- Flour Tortilla W/ Veggies (No Spanish Rice)

**STIR N WOK**

- Tofu & Veggies

**POTATOES, PASTA, RICE**

- Cuban Black Beans & Rice | French Fries
- Crosstrax | Garlic Fries | Seasoned Fries
- Hash Browns | Chow Mein Noodles | Baked Potato
- Home Fries | Tator Bites | Tator Tot Spudders
- Tri Tators | White Rice | Spaghetti | Baked Beans

**VEGAN FOOD LIST**

**BROADWAY & LAKESIDE DELI**

- Breads | Soy Cheese | Hummus | Veggies
- Potato Chips | Pretzels

Some bread products contain milk or a butter blend. Please check the ingredient list for these items. If you have questions, or if you avoid honey and would like info regarding our bread products without honey, contact or registered dietitian: Eiermanm@uwstout.edu

**SALAD BAR**

- Alfalfa Sprouts | Broccoli | Carrots
- Cauliflower | Croûtons | Cucumber
- Garbanzo Beans | Green Pepper | Kidney Beans
- Lettuce | Mushrooms | Olives (Black & Green)
- Peas | Radishes | Raisins | Soy Nuts | Spinach
- Sunflower Seeds | Tomato

**SOUP**

- Vegetable

**SIDE SALADS**

- Black Bean & Barley | Corn & Black Bean
- Broccoli Cauliflower

**CEREALS**

- Frosted Flakes | Froot Loops | Raisin Bran
- Rice Krispies | Cheerios | Cinnamon Toast Crunch
- Cocoa Puffs | Honey Nut Cheerios | KIX
- Reese’s Puffs | Quaker Plain Oatmeal | Granola
- Quaker Assorted Oatmeal