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Nutritional Analysis

Information for analysis was collected from the internet, U.S. Department of Agriculture, UW–Stout’s food suppliers and Bowes and Church’s Food Values of Portions Commonly Used, 18th edition. The information is a guide to the approximate nutrient content of foods. Persons on special diets may require more specific nutrient information.

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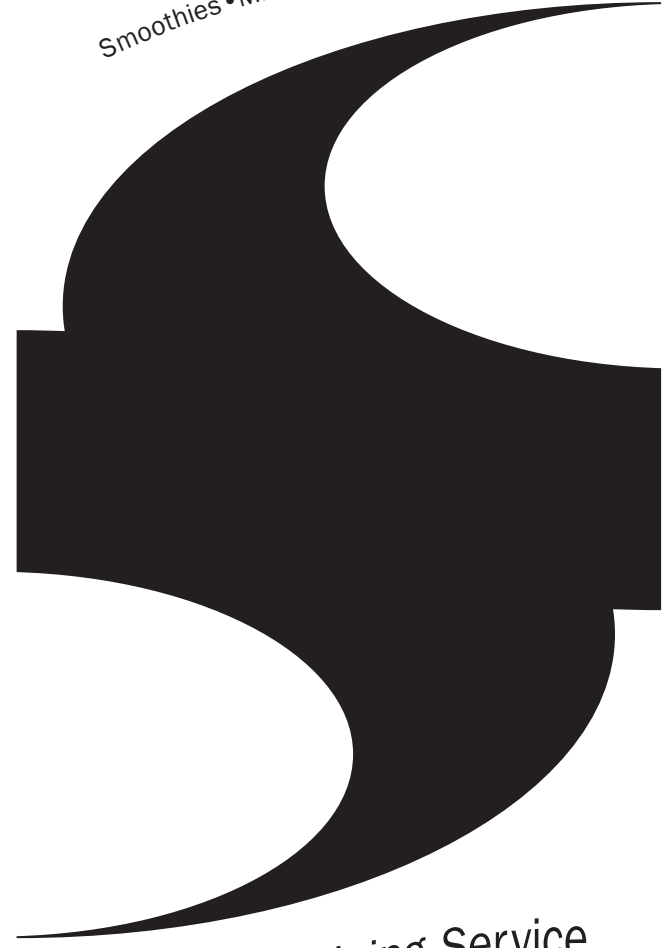
University Dining Services would like to help you make healthy food choices and provides this brochure to assist you in selecting nutritious food choices. Please call 232-1094 if you have questions regarding menu items served by University Dining Services in the Memorial Student Center.



Bakery & Desserts

Nutrition Guide

Smoothies • Microblasts • Shakes & Sundaes



University Dining Service

