Preliminary Entitlement to Plan

Planning and Review Committee 2008-2009

I. Degree: B.S. in Health and Fitness

Sponsoring Department(s): Department of Physical Education

College(s): College of Education, Health and Human Sciences

II. Program description:

The program will prepare students to become health and fitness professionals who can work in a variety of settings such as fitness centers, corporate health programs and industries, such as the YMCA or other health promotion organizations or companies. Students will become knowledgeable in many areas such as fitness, nutrition, motivational strategies, management of injuries, legalities of injured worker systems, risk management. The UW-Stout Health and Fitness program will develop as a unique integration of Physical Education, Hospitality and Tourism, Business Management, Education, Rehabilitation, Psychology and Food and Nutrition as well as other components.

II. Committee Findings:

The Planning and Review Committee strongly recommends the development of this proposed new program for the University of Wisconsin-Stout. The program fits very well with UW-Stout’s mission and its current program array. It will utilize a wide range of expertise in several departments and can produce qualified professionals in this growing area of health and fitness.